



# DECALOGUE OF PREVENTIVE MEASURES AGAINST COVID-19



## 1 RESPONSIBILITY



Please do not go to the university if you have: a positive COVID-19 diagnosis, any compatible symptoms, being in quarantine and/or waiting for the results of a analysis for diagnosis of COVID-19. In case of doubt, please contact immediately (+34) 900 61 21 12 or with your local health centre.

## 2 INFORMATION



Check your e-mail and the website of your School/Faculty and of the UC frequently, to keep you informed about dates, times and classrooms of exams, as well as any other last minute notification.

## 3 RESPIRATORY HYGIENE



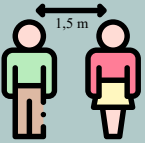
Mandatory use of hygienic or surgical masks approved throughout moment even if distances of 1.5 m are guaranteed. Avoid touching your face. Wearing clothes suitable to take into account the increased ventilation of the spaces.

## 4 HAND HYGIENE



Wash your hands with soap and/or apply hydroalcoholic gel when entering the centres.

## 5 DISTANCE



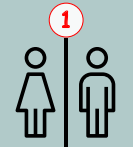
Keep social distance between people of at least 1.5 metres

## 6 ELEVATORS



Do not use the elevators, except in the case of persons with reduced mobility who may use them if necessary together with an accompanying person.

## 7 MOBILITY



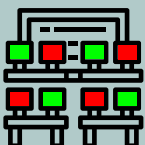
Make an individual use of the toilets, having to wait outside, in case of being busy, to access its interior at a distance of at least 1.5 meters from the door.

## 8 USE OF MATERIALS



Whenever possible, do not share materials for individual use. Disinfect them with paper otherwise impregnated with disinfectant solution.

## 9 IN THE CLASSROOM



When entering the classroom, apply hydroalcoholic gel and sit only in the areas enabled. Place backpacks and other items under the seat. Do not mix with of the rest of the colleagues.

## 10 DURING THE EXAMS



In the classroom, always follow the instructions of the teachers, especially during access and exit.

